



ROSIE ACOSTA

RADICALLY LOVED

MEDIA KIT

2020

“We are all born with limitless potential;
we all have a place in this world;
it is part of our journey to be
Radically Curious, Radically Inspired
and Radically Loved.”

—ROSIE ACOSTA

ROSIE

Meet This Firebrand

Rosie Acosta is a world-renowned Yoga and Meditation Teacher, Yoga Teacher Trainer and Holistic Health Coach. She is also the founder of *Radically Loved: Yoga, Health + Wellness* and host of the top-rated iTunes podcast, *Radically Loved*.

CAREER HIGHLIGHTS INCLUDE

- + Host of the podcast *Radically Loved*, with over one million downloads
- + Yoga and Meditation Teacher for the NBA and NFL
- + Featured Teacher at Wanderlust Festivals and *Yoga Journal* Conferences
- + Speaker at Evoso Live and upcoming speaking engagements with SHE RECOVERS and TEDx
- + National Ambassador for *Yoga Journal* and Camelbak
- + Influencer for Adidas
- + Featured in *Yoga Journal* and *FOX News Latino*
- + Ambassador for *Yoga Journal*'s "Live-Be-Yoga" Tour (6 months, 26 cities)

Hear Her Story

Life ain't always roses and no one knows that better than Rosie. As a product of inner-city LA, gangs, drug-use and violence permeated her youth. She grew into a troubled teen battling depression, struggling with overeating, hanging with the wrong crowd, and plummeting in a downward spiral. With prison on the periphery, Rosie made a choice.

SHE DECIDED TO LISTEN TO THE WHISPER OF DEEP-SEEDED POTENTIAL WITHIN HERSELF. YOGA OFFERED HER A LADDER AND SHE BEGAN TO CLIMB.

Because of this direct root experience, Rosie's work stems from a place of palpable authenticity. She doesn't pretend to have sprung from the womb chanting mantras; her journey has been one shaped by considerable hardship, which she speaks frankly about. And that's what makes her so appealing. She is extremely effective at using yoga and mindfulness as a tool, a wellspring to draw from, in order to help others access their potential and overcome adversity in the same way that she did herself.

LEARN MORE ABOUT HER STORY HERE





See Her Work

Rosie has a diverse client list ranging from Olympic, NFL and NBA athletes to at-risk youth and Afghanistan veterans. She teaches classes and leads multiple workshops and seminars coast to coast. Additionally, she offers:

MINDFULFLOW YOGA TEACHER TRAINING

Rosie has created a 200hr/300hr Yoga Teacher Training for practitioners that want to make a positive impact on the world.

PRIVATE COACHING

As a Life Coach, currently under the tutelage of Lauren Zander, Rosie works with her clients to achieve their highest potential and commit to the life they are destined to live.

RETREATS

Rosie leads three international retreats per year.



Watch Her Speak

Rosie has a wealth of expertise extending from personal growth/development and yoga/meditation to overcoming adversity and harnessing the power of potential. Invite her to speak at your conference or event and she'll effectively captivate and motivate your audience through her shared experience of these areas.

KEYNOTE TOPICS INCLUDE BUT ARE NOT LIMITED TO

- + Commit to Your Potential
- + The Power of Meditation on Happiness and Productivity
- + Re-Thinking Mindfulness

Rosie has been a featured speaker at a multitude of events including select Wanderlust Festivals and Pacific Northwest Wellness Conferences, in addition to Evoso Live in Boulder. Don't miss her at these upcoming events:

JANUARY 5, 2019 - TEDx

TEDxAlmanson Park
Alhambra, CA



The Hivery eLab 2018



“Rosie is a fireball and inspiration. She speaks from the heart about her journey from inner-city LA to being a yoga teacher and coach to famous people. What Rosie offers, with humility and grace, is the power of choosing our destiny.”

–DEVIN HIBBARD

CO-FOUNDER AND CEO OF STREET BUSINESS SCHOOL AND BEADFORLIFE



RADICALLY LOVED

Get on Rosie's Guest List

With 23,000 listeners per episode and with one million total downloads, you will drastically increase your exposure and reach as a guest on her top-rated iTunes podcast, *Radically Loved*.

"ROSIE IS A CLEAR, BRIGHT LIGHT IN A SATURATED LANDSCAPE, CREATING SPACE FOR HER GUESTS AND HER LISTENERS TO LAND IN THEIR TRUTH AGAIN AND AGAIN."

- Elena Brower, bestselling author of Practice You and Art of Attention

"BEING ON ROSIE'S PODCAST WAS LIKE VISITING AN OLD-FRIEND. I FELT SO SUPPORTED AND UNDERSTOOD DURING THE INTERVIEW AND MY AUDIENCE SIMILARLY LOVED HEARING HER STORY. ROSIE IS AN AUTHENTIC LEADER THAT EMPOWERS PEOPLE TO DEFINE THEIR OWN POTENTIAL."

- Sahara Rose, bestselling author and podcast host

Interview Rosie

Feature Rosie in your publication or on your podcast and she'll inspire your audience with her uplifting messaging and empower them to live more connected lives.

INTERVIEW TOPICS INCLUDE BUT ARE NOT LIMITED TO

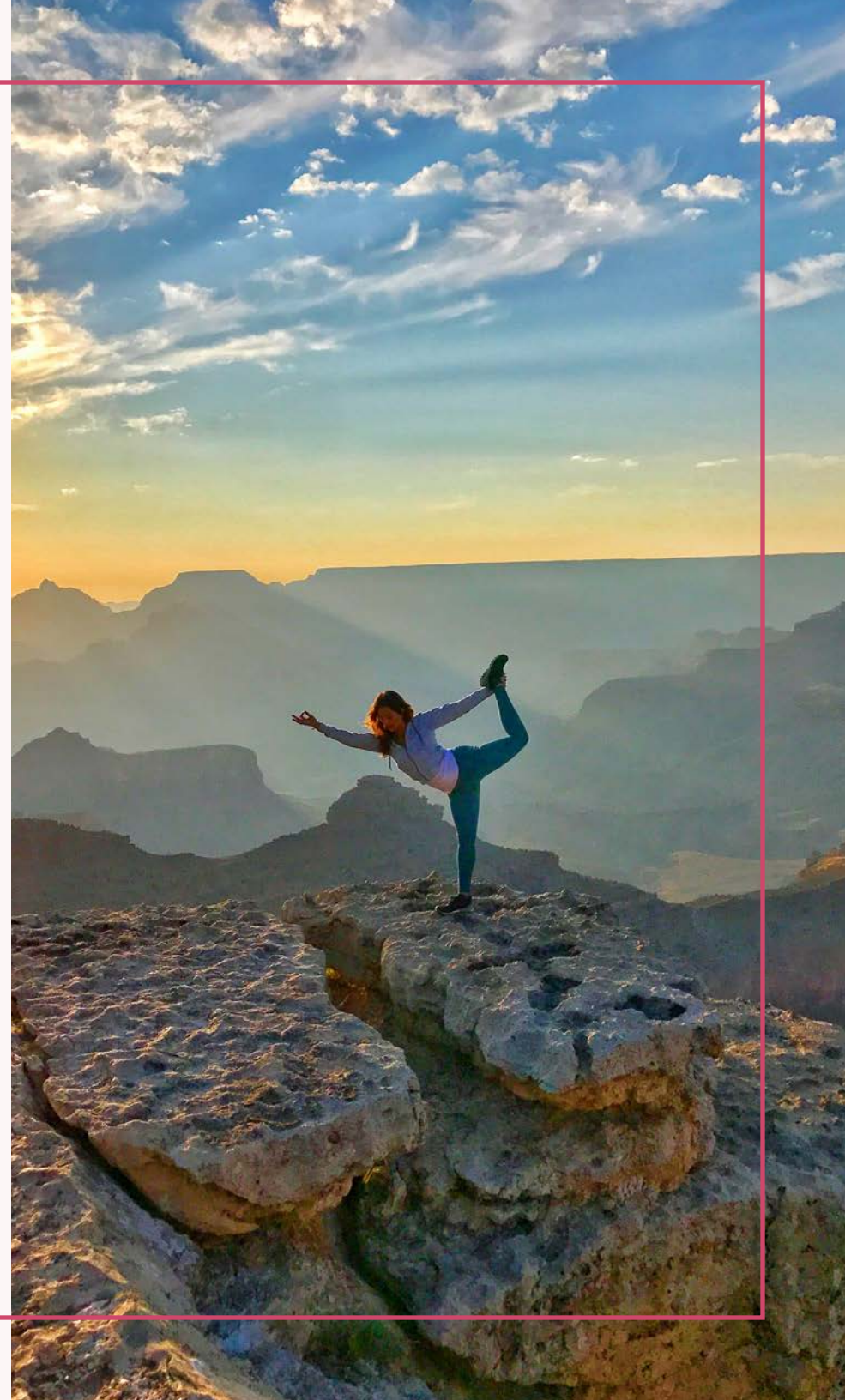
- + How to Thrive in Life Despite Hardship
- + The Five Keys to Committing to Your Potential
- + The Three D's (Desire, Drive, Discipline)
- + Living a Radically Successful Life with Spiritual Integrity
- + How to Create Your Own Personal Ritual/Practice
- + Mindfulness in the Workplace

"ROSIE'S STORY AND MESSAGE ARE BOTH INSPIRING AND IMPORTANT. HER GIFT FOR FORMING AN INTIMATE AND AUTHENTIC CONNECTION WITH HER AUDIENCE WILL BE APPRECIATED BY ALL."

- Dagny Scott, founder of Fearless Unlimited

"ROSIE IS THE REAL DEAL! SHE HAS AN INCREDIBLE COMBINATION OF WISDOM, GENUINE CARE, AND PASSION FOR ALL SHE DOES. SHE HAS IMPACTED SO MANY LIVES AND THIS IS ONLY THE BEGINNING."

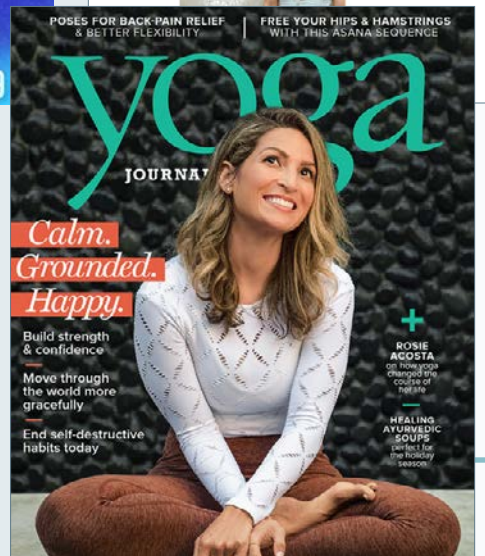
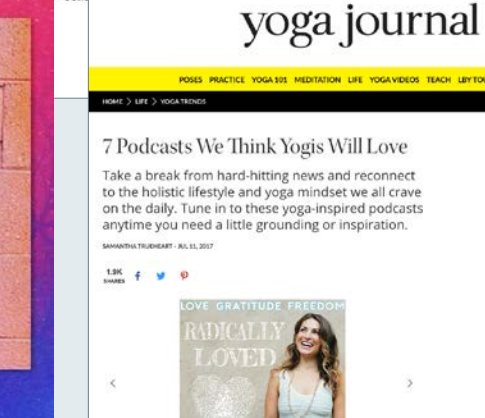
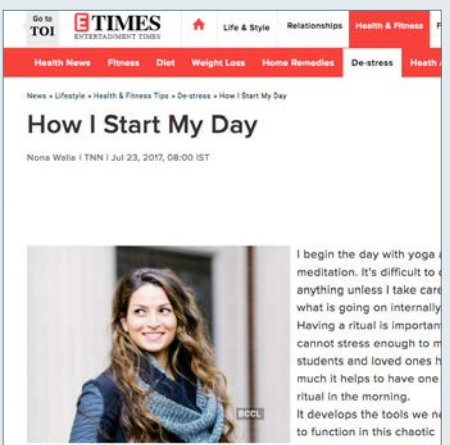
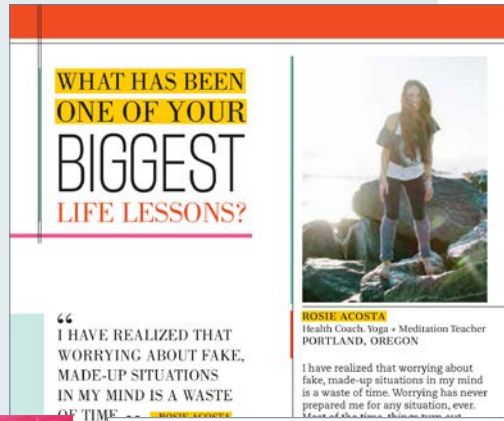
- Henry Ammar, founder of MakeltHappen.Life



“Rosie is a distinctive and powerful spiritual teacher. She shares her own journey with candor and courage, and has walked a path that has left her with profound lessons learned. From the most heartfelt and generous place, she is now devoted to bringing those truths to others. She is the real deal. I’m thrilled that more and more people are discovering her and her work.”

-TARA MOHR

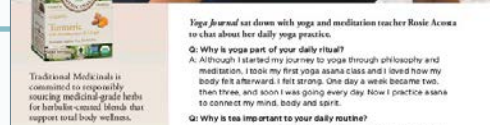
AUTHOR OF PLAYING BIG: PRACTICAL WISDOM FOR WOMEN WHO WANT TO SPEAK UP, CREATE & LEAD



LIVING INSPIRATION

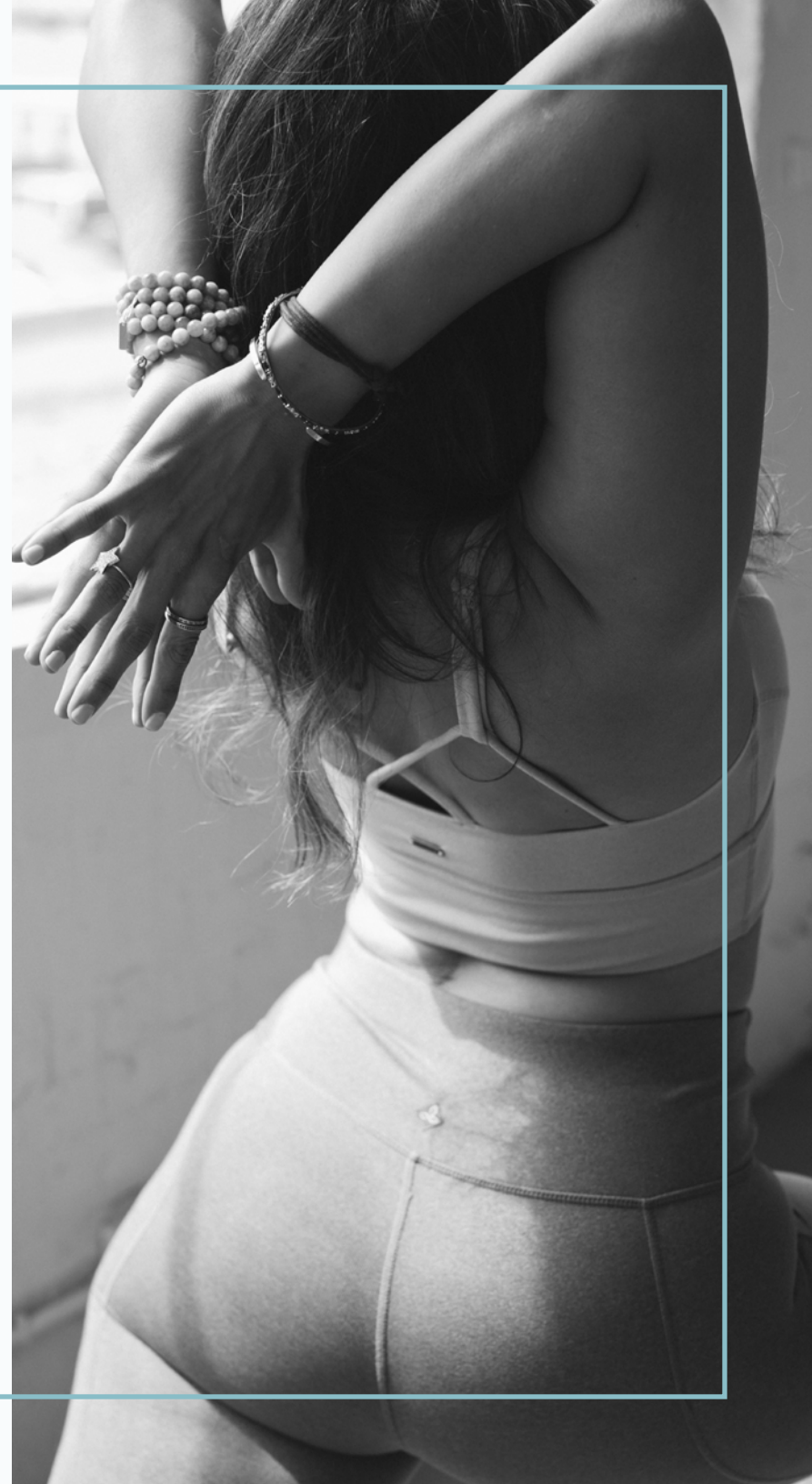
Press

Rosie has been featured in *Yoga Journal* and *FOX News Latino* plus in popular fitness and lifestyle blogs including *Mantra*, *mindbodygreen*, *Well+Good*, *Evolve* and *POPSUGAR*, among others.



Partnerships

Rosie is a proud representative of the following brands:



Sponsors

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“Rosie is a person who has faced challenges that many of us will never have. I'm so grateful that she is willing to share her life with us. Her talk inspired me to keep being willing to climb forward in life even when things get hard.”

-THAIS NYE DERICH

AUTHOR OF SECOND CHANCE



KISMET

Connect with Rosie

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